

Dress Down Day for Dysautonomia Awareness

to benefit

DYSAUTONOMIA INTERNATIONAL



AWARENESS



ADVOCACY



ADVANCEMENT

Contribute \$ _____ and wear casual clothes to school on _____ to show your support for **Dysautonomia Awareness.**

Dysautonomia is a term used to describe a malfunction of the Autonomic Nervous System. The Autonomic Nervous System controls essential functions of the body that we do not consciously think about like our heart rate, blood pressure, digestion, temperature regulation and more. There are many different types of dysautonomia. Some types of dysautonomia impact kids.

For example, Postural Orthostatic Tachycardia Syndrome (POTS) impacts **1 out of every 100 teenagers**. Symptoms can include lightheadness, a fast heart beat, fainting, trouble breathing, stomach problems, and much more. There are other types of dysautonomia that impact kids too, like Neurocardiogenic Syncope and Familial Dysautonomia. There is currently no cure for any form of dysautonomia, but with your help we can change that!

All proceeds of this event will be donated to Dysautonomia International, a 501(c)(3) non-profit organization dedicated to improving the lives of individuals living with dysautonomia by through medical research, education, advocacy and patient empowerment. For more information, please visit their website: www.DysautonomiaInternational.org.

Dress Down Day Coordinator:

Contact Info: